



SHOAL BAY COUNTRY CLUB

# MERMAIDS



# BREAKFAST

<b>Toast</b> Choice of sourdough, wholemeal, soy and linseed, fruit toast, gluten free, served with butter and choice of strawberry jam, honey, vegemite or peanut butter	8
<b>Seasonal Fruit &amp; Muesli Jars</b> Layered seasonal roasted fruit compote, vanilla greek yoghurt, house-made granola and fresh fruit	17
<b>House-Made Buttermilk Waffles</b> Mascarpone, maple syrup, toasted coconut, fresh berries or nutella, fresh strawberries, toasted coconut, vanilla ice cream	20
<b>Eggs As You Like</b> House-made chilli and tomato jam, mixed herb salad, toasted sourdough	15
<b>Sweet Potato &amp; Carrot Fritters</b> 2 fried eggs, mixed herb salad, lemon yoghurt, spiced seeds – <i>add toasted sourdough +3</i>	23
<b>Smashed Avocado</b> Feta cheese, micro herbs, lime, spiced seeds, toasted sourdough – <i>add 2 poached eggs +5</i>	21
<b>Open Pan Omelette</b> Zucchini, lemon, ricotta, parmesan, fresh soft herbs, toasted sourdough	21
<b>Eggs Benedict</b> Poached eggs, spinach, herb hollandaise, bacon, toasted sourdough – <i>with smoked salmon +4</i>	20
<b>Vegetarian Brekkie Bowl</b> Poached eggs, roasted spiced pumpkin, garlic mushrooms, avocado, herb roasted tomatoes, house-made hummus, pickles, kale chips, herb salad, spiced seeds – <i>add toasted sourdough +3</i>	22
<b>Bacon &amp; Egg Roll</b> 2 fried eggs, double bacon, American cheese and choice of BBQ, tomato or house-made mac sauce	16

SIDES	
<b>Herb Roasted Tomatoes</b>	3
<b>Bacon   Roasted Garlic Mushrooms</b>	4
<b>Avocado Smash   2 Poached Eggs Smoked Salmon</b>	5

## FROM THE BAKERY

<b>Croissant</b> .....	6
<b>Ham &amp; Cheese Croissant</b> .....	12
<b>Banana Bread</b> .....	7
<b>Assorted Sonoma Muffins</b> .....	5
<b>Cinnamon Scroll</b> .....	6
<b>Chocolate Brownie</b> .....	6
<b>Scones</b> .....	8

*All our breads contain gluten, however we can do gluten free bread on request (+1)*

**DEVONSHIRE TEA**

12

**Freshly Baked Scones**  
Served with cream, strawberry jam and choice of tea or coffee



Please order at the counter

1% surcharge on all cards. 10% surcharge on all public holidays.



# DRINKS

COFFEE		
	Sml	Lrg
Espresso	4	
Macchiato	4	
Piccolo	4.2	
Latte	4.5	5.3
Cappuccino	4.5	5.3
Flat White	4.5	5.3
Mocha	4.7	5.5
Hot Chocolate	4.5	5.3
Chai Latte	4.5	5.3
<i>Soy, almond, coconut, lactose free, extra shot + 80c</i>		
<i>Flavoured syrups: caramel, vanilla, hazelnut + 70c</i>		

## ICED DRINKS

Iced Coffee .....	7
Iced Chocolate .....	7
Iced Mocha .....	7

POT OF TEA
All 5
English Breakfast   Earl Grey   Peppermint Green   Chamomile   Chai

## MILKSHAKES

Vanilla.....	8
Chocolate Classic.....	8
Strawberry.....	8
<i>Upgrade to thickshake +1</i>	

## FRESH JUICES

8.5

### Orange Juice

#### Detox

*Beetroot, carrot, apple, celery,  
lemon, ginger*

#### Tropical

*Pineapple, watermelon, orange*



## HEALTHY SMOOTHIES

11

### Chocolate Monkey

*Banana, cacao, honey, cinnamon,  
almond butter, raw almonds,  
almond milk*

### Tropicana

*Banana, pineapple, mango, passionfruit,  
lime juice, coconut water, vanilla coconut  
yoghurt, mint, chia seeds*

### Lean Green

*Banana, spinach, coconut yoghurt,  
coconut, almond butter, honey, cinnamon,  
chia seeds, almond milk*

### Acai Berry

*Acai berry, banana, mixed berries,  
honey, coconut water, chia seeds*



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